

WHAT IS CORE IMMUNITY®?

Support your body's natural defenses with **CORE Immunity**, a comprehensive blend of immune-boosting nutrients and powerful antioxidants. This advanced formula combines essential vitamins and minerals—like Vitamin C, D3, Magnesium, and Zinc—with plant-based compounds such as Quercetin, Black Cumin, Bromelain, and CoQ10 to help strengthen immunity, reduce inflammation, and promote overall wellness. Whether it's cold season or daily resilience you're after, CORE Immunity has your back.



KEY POINTS:

SUPPORTS IMMUNE SYSTEM:

CORE Immunity® contains a synergistic blend of essential vitamins (Vitamin C, Vitamin D3) and minerals (Magnesium, Zinc) that are known to support a healthy immune system.

ANTIOXIDANT POWER:

Resveratrol, Vitamin C, and Coenzyme Q10 (CoQ10) are powerful antioxidants. They can help neutralize harmful free radicals in the body and reduce oxidative stress.

RESPIRATORY HEALTH:

Ingredients like Quercetin, Bromelain, and Black Cumin Seed (*Nigella sativa*) aid in maintaining respiratory health, making it especially beneficial during seasonal wellness challenges.

ENHANCED ABSORPTION:

The combination of Quercetin and Citrus Bioflavonoids may improve the absorption of key nutrients, maximizing their effectiveness in supporting your immune system.

CARDIOVASCULAR HEALTH:

Magnesium and CoQ10 are known to support heart health. Magnesium can help regulate heart rhythm and CoQ10 can aid in energy production within heart cells.

ENERGY PRODUCTION AND CELLULAR HEALTH:

CoQ10 and Magnesium also play key roles in the production of ATP, the main energy currency of cells. This may help support physical performance and overall vitality.

INFLAMMATION REDUCTION:

Bromelain, Quercetin, and Resveratrol all have anti-inflammatory properties. They may support the body's natural healthy inflammatory response.

SKIN AND EYE HEALTH:

Vitamin C, Citrus Bioflavonoids, and Zinc can contribute to skin and eye health. Vitamin C is vital for collagen production, and Bioflavonoids can protect skin cells from UV damage and Zinc is important for maintaining vision.

Supplement Facts

Serving size: 4 Capsules
Servings Per Container: 30

	Amount per Serving	%DV
Vitamin C (as Ascorbic Acid)	500 mg	556%
Vitamin D3 (as Cholecalciferol)	62.5 mcg (2500IU)	313%
Magnesium (as Magnesium Glycinate)	50 mg	12%
Zinc (as Zinc Gluconate)	25 mg	227%
Bromelain (<i>Ananas comosus</i>) (stem)	500 mg	**
Quercetin	500 mg	**
Black Cumin (<i>Nigella Sativa</i>) (seed)	400 mg	**
Transresveratrol 50% (<i>Polygonum cuspidatum</i> Sieb) (Japanese Knotweed)	250 mg	**
Citrus Extract (<i>Citrus Sinensis</i> L.) (std to contain 40% Bioflavonoids) (fruit)	100 mg	**
Coenzyme Q10 (CoQ10) (Ubiquinone)	100 mg	**

**Daily Value Not Established

OTHER INGREDIENTS: Hypromellose (capsules), Nu-FLOW® (Organic Rice Hulls), Nu-MAG™ (Organic Rice Extract Blend)



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DIRECTIONS: As a dietary supplement, take 2 capsules in the morning and 2 capsules in the evening with 8-12 fl oz of water.

SUPPORTS HEALTHY IMMUNE FUNCTION

CORE Immunity combines the essential vitamins, minerals, and powerful plant-based compounds below to help support your body's natural defenses.

QUERCETIN: Quercetin is known for its anti-inflammatory, antioxidant, analgesic properties and its ability to inhibit the NLRP3 inflammasome. Quercetin has also shown promise in supporting healthy immune defenses at the cellular level.†

QUERCETIN-VITAMIN C-BROMELAIN COMBINATION: Quercetin can be poorly absorbed on its own. However, Bromelain, an enzyme derived from pineapple, can improve the absorption of Quercetin when taken together. Both Quercetin and Vitamin C are antioxidants, which means they help protect cells from damage caused by free radicals and oxidative stress. Combining them may enhance their antioxidant effects.†

QUERCETIN-ZINC COMBINATION: Zinc ionophore drugs, when combined with Zinc supplements, have the potential to function as antiviral agents against a variety of RNA viruses. Quercetin, a natural compound, acts as a Zinc ionophore by facilitating the intracellular influx of Zinc.†

ZINC: A mineral nutrient, Zinc serves as an effective preventive measure and may support immune resilience and overall wellness.†

NIGELLA SATIVA: Also known as black seed or black cumin acts as a potent antioxidant, helping neutralize free radicals and reduce oxidative stress. Thymoquinone, the active compound in Nigella sativa, helps balance the immune system - boosting defense when needed and reducing overactivity.†

NIGELLA SATIVA-VITAMIN D3 COMBINATION: The combination of Nigella sativa and Vitamin D3 may help support balanced immune response by promoting healthy inflammation levels and enhancing the function of immune cells. Together, they may contribute to overall immune resilience and cellular health.†

BROMELAIN: Bromelain, a natural enzyme found in bromeliad plants like pineapple, may support the immune system by helping to reduce inflammation and assist the body's natural response to irritation. It has also been studied for its potential role in supporting healthy respiratory and immune function.†

RESVERATROL: Resveratrol not only functions as a powerful antioxidant, but also has the potential to enhance immune system activity, suppress the release of proinflammatory cytokines, and mitigate lung injury by reducing oxidative stress.†

RESVERATROL - TRANSRESVERATROL:

Transresveratrol: In contrast to standard Resveratrol. Transresveratrol exhibits higher bioavailability, making it more readily absorbed and utilized by the body. It can be assimilated up to 30 times faster than its regular counterpart. Consequently, it is the preferred choice for supplementation owing to its increased potency and superior absorption rate.†

MAGNESIUM: Certain micronutrients, such as Magnesium, have demonstrated the capacity to enhance immune system and respiratory health.†

COQ10: CoQ10 plays a key role in cellular energy production, which is essential for the function of immune cells. It also acts as an antioxidant, helping to protect cells - including immune cells - from oxidative stress.†



Store in a cool, dry place. Keep out of reach of children, not intended for use by persons under the age of 18.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. If pregnant, nursing, taking medications, or unsure if CORE Immunity is right for you, consult a healthcare professional.